

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Senior Strength and Stability-1 FHGP 9:00 Orlando Heart and Vascular- BWC 11:15 Body and Soul- FHGP 1:00 Dr. Jacob- BWC 4:00 Horseshoes	9:00 Ana Marques- BWC 2 9:30 Line Dancing- FHGP 10:00 ALF Vitality and Strength 11:00 Bocce Ball- Haven Garden	9:15 Exercise with Julie- FHGP 3 10:00 ALF Vitality and Strength 10:30 Lodge Vitality and Strength 12:00 Body and Soul- FHGP	9:00 Balance Builders- FHGP 4 9:00 Dermatology- BWC 9:30 Shuffleboard- Courts 10:00 ALF Vitality and Strength 10:30 Lodge Vitality and Strength 5:30 Christian Yoga- FHGP	9:00 Haven Strong and Steady 5 10:00 Mini Golf	6
7	9:00 Senior Strength and Stability-8 FHGP 9:00 Orlando Heart and Vascular- BWC 11:15 Body and Soul- FHGP 1:00 Dr. Jacob- BWC 4:00 Horseshoes	9:00 Ana Marques- BWC 9 9:30 Line Dancing- FHGP 10:00 ALF Vitality and Strength 11:00 Bocce Ball- Haven Garden	9:15 Exercise with Julie- FHGP 10 10:00 ALF Vitality and Strength 10:30 Lodge Vitality and Strength 12:00 Body and Soul- FHGP	9:00 Balance Builders- FHGP 11 9:00 Dermatology- BWC 9:30 Shuffleboard- Courts 10:00 ALF Vitality and Strength 10:30 Lodge Vitality and Strength 5:30 Christian Yoga- FHGP	9:00 Haven Strong and Steady 12 10:00 Mini Golf	13
14	FLEA MARKET WEEK ALL 15 WELLNESS FELLOWSHIP CLASSES CANCELLED 9:00 Orlando Heart and Vascular- BWC 1:00 Dr. Jacob- BWC	FLEA MARKET WEEK ALL 16 WELLNESS FELLOWSHIP CLASSES CANCELLED 9:00 Ana Marques- BWC	FLEA MARKET WEEK ALL 17 WELLNESS FELLOWSHIP CLASSES CANCELLED 8:00 Podiatry- BWC	FLEA MARKET WEEK ALL 18 WELLNESS FELLOWSHIP CLASSES CANCELLED 9:00 Dermatology- BWC	FLEA MARKET WEEK ALL 19 WELLNESS FELLOWSHIP CLASSES CANCELLED	20
21	9:00 Senior Strength and Stability-22 FHGP 9:00 Orlando Heart and Vascular- BWC 11:15 Body and Soul- FHGP 1:00 Dr. Jacob- BWC 4:00 Horseshoes Passover Begins	9:00 Ana Marques- BWC 23 9:30 Line Dancing- FHGP 10:00 ALF Vitality and Strength 11:00 Bocce Ball- Haven Garden	9:15 Exercise with Julie- FHGP 24 9:30 Oviedo Hearing- BWC 10:00 ALF Vitality and Strength 10:30 Lodge Vitality and Strength 12:00 Body and Soul- FHGP	9:00 Balance Builders- FHGP 25 9:00 Dermatology- BWC 9:30 Shuffleboard- Courts 10:00 ALF Vitality and Strength 10:30 Lodge Vitality and Strength 5:30 Christian Yoga- FHGP	9:00 Haven Strong and Steady 26 10:00 Mini Golf	27
28	9:00 Senior Strength and Stability-29 FHGP 9:00 Orlando Heart and Vascular- BWC 11:15 Body and Soul- FHGP 1:00 Dr. Jacob- BWC 4:00 Horseshoes	9:00 Ana Marques- BWC 30 9:30 Line Dancing- FHGP 10:00 ALF Vitality and Strength 11:00 Bocce Ball- Haven Garden	<h1>April 2024</h1>			

Health and Wellness Calendar